

EAP Plus

You and your family are eligible to participate in EAP Plus services because your employer has selected a group insurance program from Jefferson Pilot Financial, a Lincoln Financial Group company. EAP Plus is a comprehensive program designed to provide assistance with personal and work-related concerns no matter how large or small. Our counselors can help you with concerns, such as depression, marital or family difficulties, addictions, legal and financial problems, or locating childcare or elder care.

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SERVICES PROVIDED BY
BENSINGER, DUPONT & ASSOCIATES.

EAP Plus is available 24 hours a day, 7 days a week by calling (866) 757-3271 or by visiting www.eapadvantage.com.



EAP Plus

Employee Assistance
Program Services



Easy To Use

- ▼ Call (866) 757-3271 or visit us online at www.eapadvantage.com, password: **plus**.
- ▼ Masters degreed EAP counselors are available 24 hours a day, seven days a week.
- ▼ Professional assistance is available for life, work, and family concerns.

Identifying Your Specific Needs

Your EAP counselor will help you assess your concerns and identify how to help. This may include meeting with a counselor for face-to-face visits, negotiating your health insurance benefits, speaking with an attorney, financial counselor, child or elder care consultant, or referring you to community resources.

In accordance with the Knox-Keene regulation, CA residents seeking services are eligible to receive three face-to-face sessions per presenting problem within a six month period of time.

Tailored Referrals and Resources

If face-to-face counseling sessions are required, your EAP counselor can refer you to a local professional that is convenient to your home or work.

Your EAP counselor can also refer you to childcare and elder care resources with confirmed vacancies meeting your specifications, attorneys for legal questions, financial counselors for debt management, and community resources or self-help groups such as Alcoholics Anonymous or Gamblers Anonymous.

EAP Plus - Confidential

The information you discuss with an EAP counselor is kept confidential in accordance with federal and state laws. Such information is not shared with Lincoln Financial Group for any reason and may not be released to your employer without your written consent.

EAP Plus Provides Comprehensive Assistance

- ▼ Depression
- ▼ Stress Management/Anxiety
- ▼ Marital or Family Conflict
- ▼ Relationship Problems
- ▼ Financial Concerns
- ▼ Legal Questions
- ▼ Addictions
- ▼ Child and Elder Care

Lincoln Financial Group has selected Bensinger, DuPont & Associates (BDA) to provide EAP Plus services. BDA is a leader in the field of employee assistance and has been providing employee assistance services for more than 20 years. Caring professionals from BDA will assist you with identifying resources and assistance for life, work, or family concerns.

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